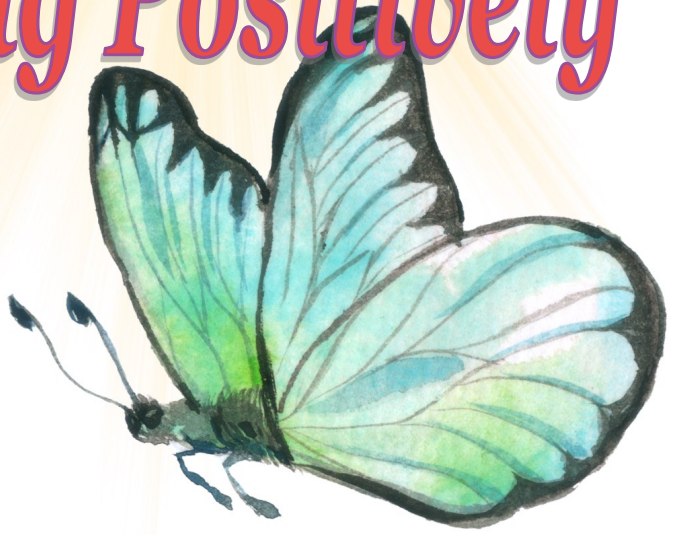


Living Positively



victory 
programs
Boston Living Center

***May
2025***

ADMINISTRATION

Alyssa Collaro - Program Director	245
Megan Deglman - Education & Support Services Manager + Clinical Supervisor	240
Future Coleman-Arroyo -Member Services Manager	222
Jessica Karasik -Food and Nutrition Services Manager	227
Kevin Koerner -Concierge/Facilities Manager	235

MEMBER SERVICES

Steven Spinale -Education Services Specialist	232
Bryan Toapanta -LGBTQ+ Advocate	254
Chris Santana -HIV Peer Advocate & Receptionist	259/200
Ezekiel Russell -HIV Non Medical Case Manager	253
Jonathan Luna-Alcaraz -HIV Non Medical Case Manager	255
Jeff Webb -Peer Services Specialist	247
Melissa Morales -Peer Recovery + Reentry Specialist	273

FOOD SERVICES

Walter Peavy -Chef	230
Faith Parker -Sous Chef	236
Kenyatta Brooks - Food &Nutritional Services Asst.	236
Ana Berbel -Psychosocial Support Nutritionist	257
Christiana Fonesca -Receptionist & Food/Nutrition Asst.	200/236

SPOTLIGHT



**We Would Like To Take This Opportunity To
Introduce The Newest Member Of Our Staff!!**

MELISSA MORALES (SHE/HER)
PEER RECOVERY AND RE-ENTRY SPECIALIST



WE'RE SO GLAD YOU'RE HERE!



Let's Talk About



FATS

**May 13, 2025
10am in the GJR**

**Don't miss out on this
opportunity to nourish your
body with valuable nutrition
knowledge!**

Save The Date!

Women's Day of Beauty

**Friday, May 23
2pm-4pm**

Join us for a day of self-care, connection, and celebration of beauty inside and out.

TLC @ the BLC

2025's Theme: Enchanted Garden

If you're in need of some love and pampering—
you're welcome here ✨

**For ALL Women Identifying Individuals,
See The Front Desk to Sign Up!!**



Let's Talk About



**MENTAL
HEALTH**

**May 20, 2025
10am in the GJR**

**Don't miss out on this
opportunity to nourish your
body with valuable nutrition
knowledge!**

JEOPARDY!



USERNAME

Battle it out with your fellow members in a game of knowledge.

USERNAME

10 Slots available so join quick!!

May 15th @ 2pm in the Dining Room

USERNAME

Prizes for the top 3 members.
Study, Study, Study!

USERNAME




Hints: Categories will be ASL, Dental Care, Mental Health, Asian American & Pacific Islander, and Inventors.

See Chris in member services for more info:
csantana@vpi.org Ext:259

Boston Living Center Calendar

Sun	Mon	Tue	Wed
Bridges Support Group M-F 11a-12p in the Library. Breakfast is served 8a-10:30a & Lunch is served 12p-1:30pm M-F. Dinner is on Mondays 5p-6pm	WHAT'S HAPPENIN' @ THE BLC?!" Check it out! Located at the top of the main staircase	<i>Asian American and Pacific Islander Heritage Month</i> <i>Mental Health Awareness Month</i>	
4	5 <i>Cinco de Mayo</i> 1:00p Walking Group 1:30-3p ART Therapy 4-5p Megan's Gathering	6 1:45p My Cozy Home	7 9:30a Morning Meditation 10a-12p Ready Go! 11:00a-1 Acup 1:30p B.I.G. R Grp 1:45p Julia's Da
11 <i>Mother's Day</i> 	12 1:00p Walking Group 1:30-3p ART Therapy 4-5p Megan's Gathering	13 10a NOURISH 1:30p Beaded Jewelry w/ Sarah 1:30p-3 Manicures 2-3p Keepin' it 100 3-4p Finding Home	14 9:30a Morning Meditation 10a-12p Ready Go! 1:45p Julia's Da
18	19 1:00p Walking Group 1:30-3p ART Therapy 4-5p Megan's Gathering	20 10a NOURISH 1:45p My Cozy Home	21 9:30a Morning Meditation 12p Community table 10a-12p Ready Go! 11:00a-1 Acup 12:30p Karaol 1:30p B.I.G. R Grp 1:30p Julia's Da 1:45 Cooking C
25	26 BLC CLOSED 	27 1:30p Beaded Jewelry w/ Sarah 1:30p-3 Manicures 2-3p Keepin' it 100 3-4p Finding Home	28 9:30a Morning Meditation 10a-12p Ready Go! 1:45p Julia's Da

alendar of Events for May

Wed	Thu	Fri	Sat
	1 12:00p The Fenway/ MGH Grp table	2 11:00a Yoga 1p Creative Writing 1:45p Friday Flick: Passengers	3 
ing eady, Steady, cupuncture G. Recovery s Dance Party	8 12:00p The Fenway/ MGH Grp table 12:30p Women THRIVE 1:45 Speak Up!	9 9:30a Tech Skills/ Money Management 11:00a Yoga 1p Creative Writing 1:45p Friday Flick: Dawn of the Dead	10 
ing eady, Steady, s Dance Party	15 12p Pantry 12:00p The Fenway/ MGH Grp table 2p JEOPARDY	16 9:30a Tech Skills/ Money Management 11:00a Yoga 12p Pantry 1p Creative Writing 1:45p Friday Flick: The Line	17 
ing unity Servings eady, Steady, cupuncture raoke! G. Recovery s Dance Party ing Class	22 12:00p The Fenway/ MGH Grp table 12:30p Women THRIVE	23 9:30a Tech Skills/ Money Management 11:00a Yoga BLC CLOSSES @ 2P Women's Day of Beauty// TLC @ BLC	24 
ing eady, Steady, s Dance Party	29 12p Pantry 1:45 Speak Up!	30 9:30a Tech Skills/ Money Management 11:00a Yoga 12p Pantry 1p Creative Writing 1:45p Friday Flick: It (1990)	31 



COOKING CLASS *SALAD & DRESSINGS*

Wednesday, May 21, 2025

1:45pm - 3:00pm in the dining room

See Ana to Sign up!



ASIAN PACIFIC AMERICAN HERITAGE MONTH WORDSEARCH

J	L	B	Q	S	O	L	S	K	E	I	W	N	O	L	Z	L	M	C	B	L	K	N	G	M
M	N	Q	K	E	P	G	G	K	D	G	J	O	K	H	R	G	E	O	O	V	G	G	R	T
C	U	O	A	N	L	V	V	H	H	U	A	L	D	K	M	X	Y	M	Y	L	R	W	Y	N
X	B	J	I	Z	I	G	Z	O	H	T	T	T	Y	M	V	I	T	M	P	J	I	O	I	A
Y	Q	W	C	T	O	A	E	X	W	V	D	J	I	S	G	F	I	U	P	P	T	M	I	L
R	F	I	I	U	I	N	Y	A	S	N	C	J	J	R	V	E	S	N	D	K	W	H	S	A
C	L	N	S	G	V	D	Z	F	E	H	U	S	R	S	E	D	R	I	F	M	T	X	L	A
H	I	S	T	O	R	Y	A	I	A	R	L	O	F	L	E	H	E	T	L	S	X	R	K	Z
R	S	H	R	C	V	H	O	R	X	J	T	Z	T	I	F	U	V	Y	G	F	M	C	H	G
P	O	F	C	E	G	I	W	K	T	V	U	H	T	A	T	F	I	X	L	J	N	D	A	O
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R	E	R	S	I	T	M	T	S	Y	G	X	L	F	R	X	D	Y	T	D	V	R	V	M	O
E	V	N	W	N	D	A	M	S	E	T	R	U	G	M	T	R	N	E	Z	T	I	V	X	Y
D	S	G	E	G	R	L	K	W	E	N	C	A	B	Z	S	R	G	Z	H	B	D	C	Z	F
A	L	D	D	B	G	O	Q	N	I	E	T	O	T	Q	L	L	O	G	M	E	Q	F	U	E
E	I	B	E	H	Y	T	I	N	U	M	O	A	U	I	C	A	G	C	C	Q	F	E	U	P
L	Y	L	R	H	R	R	C	Q	H	E	P	A	T	X	O	M	V	N	S	K	C	C	H	M
D	E	D	D	L	N	L	T	C	B	V	K	V	C	I	Q	N	E	I	Q	P	P	P	P	G
C	K	R	U	J	U	I	M	M	H	E	W	F	X	C	O	U	Q	I	T	R	Z	S	V	U
T	X	C	L	S	U	M	K	X	T	I	C	Q	M	K	L	N	S	H	U	S	F	Q	G	C
U	R	P	I	Q	X	E	K	C	U	H	N	O	Y	F	E	G	Y	Q	Y	Y	E	O	J	H
R	A	O	E	Q	B	F	G	Q	I	C	O	X	N	M	Y	Y	U	C	N	D	Q	F	K	C
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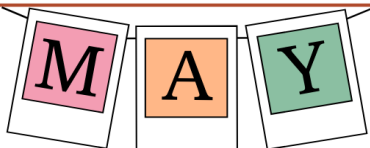
HIDDEN WORDS:

HERITAGE, DIVERSITY, CELEBRATION, HISTORY, IMMIGRATION, CULTURE,
INCLUSION, UNITY, TRADITION, ACHIEVEMENT, INFLUENCE, EDUCATION,
REPRESENTATION, COMMUNITY, ART, CUISINE, FESTIVAL, LEADERSHIP,
IDENTITY, EMPOWERMENT

FOOD PANTRY

victory
programs
Boston Living Center

**Get fresh + seasonal harvest
and shelf-stable produce**



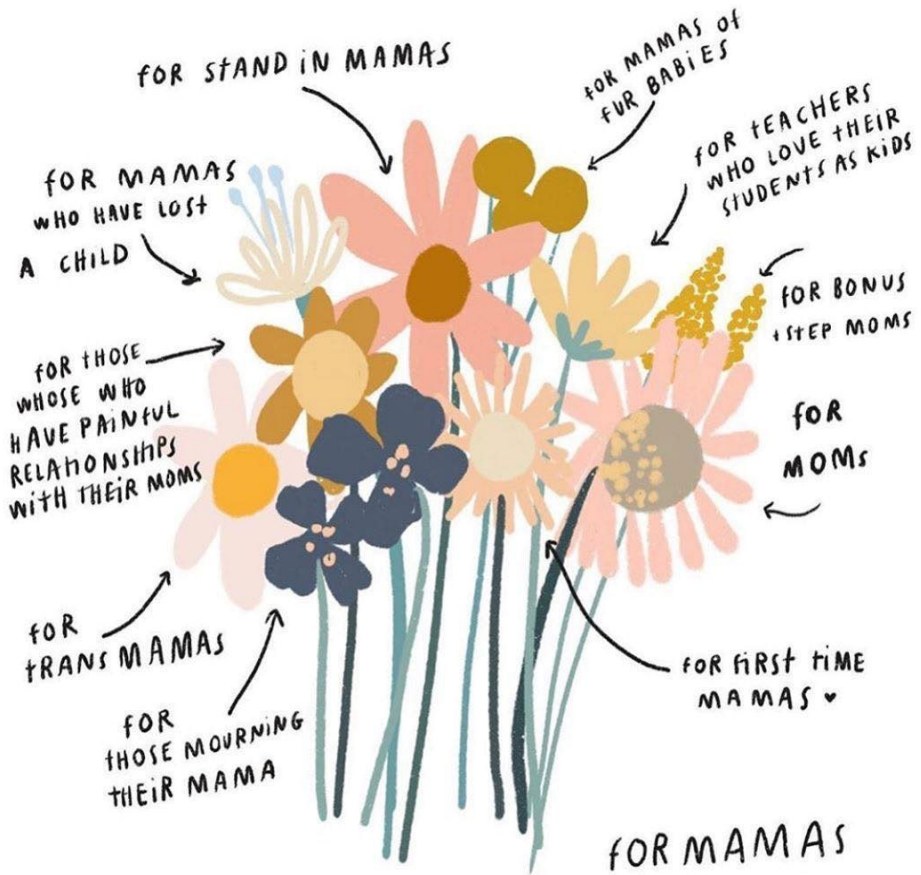
**15 & 16
29 & 30**

**12pm - 1:30pm
in the Dining Room**



For more information please contact Jessica or Ana in Nutrition

For All Mothers



we celebrate all kinds of motherhood — to the moms raising children, stepmoms, chosen moms, trans moms, fur moms, plant moms, and those who mother through love, care, and presence. We also hold space for those navigating grief, loss, longing, or complicated relationships on this day.

However you show up — or hold back — today, your experience matters.

You are seen, honored, and loved.

1

MASKS



Face coverings
(masks) are
encouraged.
Protect yourself

If you are going to wear
a mask please wear your
mask properly over the



2

HAND WASHING



We encourage washing
your hands with soap
and water.

TESTING (BY APPOINTMENT)

MON-FRI 9:30AM-3:30 PM



- **Hepatitis C**
- **HIV**
- **Chlamydia**
- **Gonorrhea**
- **Syphilis**

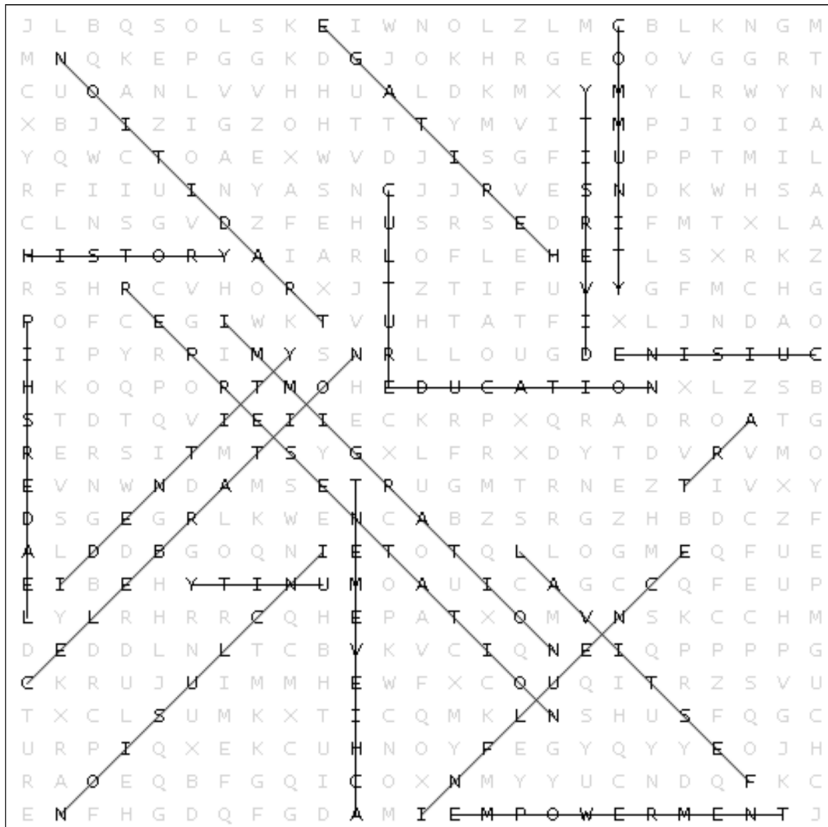
Gift cards offered for getting tested

Available Drop In Supplies

- Hygiene Kits
- Injection Kits
- Crack & Meth Pipes
- Safer Sex Kits
- Wound Care Kits
- Fentanyl Testing Strips
- Sniffing Kits
- Narcan
- & More

Mobile Prevention Team
Call or Text 617-519-6355

ASIAN PACIFIC AMERICAN HERITAGE MONTH WORDSEARCH



HIDDEN WORDS:

HERITAGE, DIVERSITY, CELEBRATION, HISTORY, IMMIGRATION, CULTURE,
INCLUSION, UNITY, TRADITION, ACHIEVEMENT, INFLUENCE, EDUCATION,
REPRESENTATION, COMMUNITY, ART, CUISINE, FESTIVAL, LEADERSHIP,
IDENTITY, EMPOWERMENT

Food insecure?

The Boston Living Center provides a delicious and nutritious lunch Monday through Friday.

INTERESTED IN BECOMING A MEMBER?

Please contact our front desk staff at 617-236-1012 ext. 0 to schedule an intake appointment.

The Boston Living Center (Member Hours)

Monday 7:30am - 6:30pm

Tuesday - Friday 7:30am - 4:30pm

Continental Breakfast is served 7:30am to 10:30am

Mon., Tues., Thurs. & Fri.

‘Sunny Side Up’ (Hot Breakfast) on Wednesdays

7:30am to 10:30am

Lunch is served 12 noon to 1:30pm Monday through Friday

Dinner is served ONLY Mondays 5pm –6pm

29 Stanhope Street

Boston, MA 02116

<http://www.vpi.org/blc>

(617) 236-1012 ext. 0

(617) 236-0334 fax