

# Living Positively

## OWN IT!

## QUEEN

do you BOO! ORGULLO



Love  
IS  
Love

victory  
programs  
Boston Living Center

**JUNE  
2024**

## Administration

<b>Alyssa Collaro</b> - Program Director	245
<b>Megan Deglman</b> - Education & Support Services Manager/Clinical Supervisor	240
<b>Julia Hotaling</b> - Food and Nutritional Services Manager	227
<b>Future Coleman-Arroyo</b> -Member Services Manager	222
<b>Kevin Koerner</b> -Concierge/Facilities Manager	235

## Member Services

<b>Steven Spinale</b> -Education Services Specialist	232
<b>Bryan Toapanta</b> -LGBTQ+ Advocate	254
<b>Chris Santana</b> -Receptionist & Peer Advocate	259
<b>Ezekiel Russell</b> -HIV Non Medical Case Manager	200/253
<b>Jonathan Luna-Alcaraz</b> -HIV Non Medical Case Manager	255
<b>Daniel Benitez-Posada</b> -HIV Peer Advocate	226
<b>Jeff Webb</b> -Peer Services Specialist	247
<b>Jane Westgate</b> -Peer Advocate & Outreach Specialist	233
<b>Chaka Meredith</b> -Peer Re-entry Support Advocate	273

## Food Services

<b>Abby Trach</b> -Psychosocial Support Nutritionist	257
<b>Walter Peavy</b> -Chef	230/236
<b>Faith Parker</b> -Sous Chef	236
<b>Ana Berbel</b> -Food and Nutritional Services Specialist	236
<b>Christiana Fonesca</b> -Receptionist & Food/Nutrition Assistant	200/236

# **BLC COMMUNITY ADVISORY COUNCIL**



**JUNE 24TH 2024 12:30P IN THE GJR!**

**JOIN US**

- ✓ Hosted by BLC Program Director
- ✓ Meeting quarterly
- ✓ 8-10 member per session chosen by lottery
- ✓ Sign up at the front desk!



**See Alyssa for more information, ext. 245**

**Starting  
June 13th**



# **SPEAK UP**

**Join Steve for an interactive group that will focus on helping folks find their voice. Become a more effective communicator and a better advocate for yourself.**

**The 2nd and 4th Thursday of the month  
At 1:45 in The George Johnson Room**

**For more info see Steve Spinale; ext. 232**

New and Improved!



**SEX ED AND INTIMACY GROUP  
AVAILABLE IN ENGLISH & SPANISH**

## **KEEPING IT 100!**

Educational group focused on people who identify as men who are interested in learning about the flow of different sexual behaviors and healthy relationships. Learn more about the spectrum of sexuality, creative ways to reduce risks, the evolution of stigma, and more!

**2ND AND 4TH  
TUESDAY  
GJR  
2PM - 3PM**

CONTACT BRYAN FOR MORE INFORMATION  
617-236-1012 EXT. 254

**CONTACTEN BRYAN PARA MAS INFORMACION  
617-236-1012 EXT. 254**

### **INTIMIDAD Y EDUCACION SEXUAL EN ESPANOL**

**¿HABLAS  
ESPAÑOL?**

Grupo educativo para personas que se identifican como hombres que estén interesados en aprender sobre el flujo de diferentes

conductas sexuales y relaciones saludables.

¡Obtenga más información sobre el espectro de la sexualidad, formas creativas de reducir los riesgos para la salud, la evolución del estigma y más!

**2DO & 4TO MARTES C/M EN EL GJR**

# Life After Housing



A new social support group focusing on helping to maintain home stability. The group's topics will be exploring housing-related non-housing search topics.



Come share your experiences  
and learn about resources  
and tips



Join us on every 1st and 3rd Tuesday of every Month  
@ 1:45 pm in George Johnson Room

Any question? Ask Jonathan  
Call: 617-236-1012 ext. 255



# EXPRESS YOURSELF

*Get ready to learn how to  
do Drag make-up and join  
our catwalk!*

*📍 Boston Living Center - 06/26  
10:00-12:00 @Dinning Room*









**For more information see Daniel ext. 226**

Sun	Mon	Tue	Wed
<b>Bridges Support Group</b> M-F 11a-12p in the Library. <b>Breakfast</b> is served 8a-10:30a & <b>Lunch</b> is served 12p-1:30pm M-F. <b>Dinner</b> is on Mondays 5p-6pm	<b>"WHAT'S HAPPENIN' @ THE BLC?!"</b>  Check it out! Located at the top of the main Staircase	<b>PRIDE Month</b>  <i>National Safety Month</i>  <i>Immigrant Heritage Month</i>  <i>Cancer Survivors Month</i>	
2	3 1:00p Walking Group  4-5p Chat B4 Dinner	4 <b>1:45p Life After Housing</b>  3-4 Haircuts	5 9:30a Morning Meditation  <b>10-12 Ready, Set, Go!</b> <b>11-1:30p Acupuncture</b>  <b>1:30p B.I.G. Reunion Group</b>
9	10 1:00p Walking Group  <b>2-3p Process The Words: BOOK CLUB</b>  4-5p Chat B4 Dinner <b>4-5p Transitions</b>	11 1:30p Beaded Jewelry w/ Sarah  <b>2-3p Keepin' it 100</b>  <b>3-4p Finding Home</b>	12 9:30a Morning Meditation  <b>1:30p B.I.G. Reunion Grp</b>
16   <b>Father's Day</b>	17 1:00p Walking Group  4-5p Chat B4 Dinner	18 <b>12:30 PRIDE Karaoke</b>  <b>1:45p Life After Housing</b>	19 <b>BLC CLOSING</b>  <b>JUNETEEN</b> 
23   30	24 1:00p Walking Group  <b>2-3p Process The Words: BOOK CLUB</b>  <b>2p PRIDE Tie-Dye</b>  4-5p Chat B4 Dinner <b>4-5p Transitions</b>	25 1:30p Beaded Jewelry w/ Sarah  <b>2-3p Keepin' it 100</b>  <b>3-4p Finding Home</b>	26 9:30a Morning Meditation  <b>10a-12p Express Yourself!</b>  <b>1:30p B.I.G. Reunion Group</b>



# Calendar of Events for June

Wed	Thu	Fri	Sat
			1
ing  ly, Steady, cupuncture G Recovery	6 BLC CLOSED	7 11:00a Yoga <b>12:30-1:30p</b> <b>Johnny's Ice Cream Truck</b>  1:45p Friday Flick: <b>Love, Simon</b> 	8 <b>Boston PRIDE Parade!!</b> 
ing  G. Recovery	13 12:00p The Fenway Grp table <b>12p Pantry</b> <b>12p AA Meeting</b>  <b>12:30p Women THRIVE</b> <b>1:45 Speak Up!</b> <b>1:45p Urbanity Dance Class!</b>	14 11:00a Yoga  <b>12p Pantry</b>  1:45p Friday Flick: <b>Nimona</b> 	15
CLOSED TEENTH 	20 First day of summer  12:00p The Fenway Grp table <b>12p AA Meeting</b> <b>1:45-2:45p Grupo Latino!</b> <b>1:45 PRIDE Cooking Class</b>	21 11:00a Yoga  <b>1:45p PRIDE BINGO</b>	22
ing  press G Recovery	27 12:00p The Fenway Grp table <b>12p Pantry</b> <b>12p AA Meeting</b>  <b>12:30p Women THRIVE</b> <b>1:45 Speak Up!</b> <b>1:45p Urbanity Dance Class!</b>	28 11:00a Yoga  <b>12p Pantry</b>  1:45p Friday Flick: <b>Alice Junior</b> 	29

BLC NUTRITION SERVICES

# FOOD PANTRY

FOOD PANTRY IS AVAILABLE THE 2ND AND 4TH  
WEEK OF THE MONTH ON THURSDAYS AND FRIDAYS.

**June Food Pantry Dates:**

**Thursday 6/13 & Friday 6/14**

**Thursday, 6/27 & Friday 6/28**

**12PM-1:30PM IN THE DINING ROOM**

For more information contact  
Julia or Abby in nutrition:

**Julia Hotaling x227**

**Abby Trach x257**





# Join BLC Nutrition for *Cooking Class*

Thursday, June 20th  
1:45pm in the Dining Room



Make Your Own  
**PRIDE FOCACCIA**



See Abby to Sign Up!



COME AND JOIN OUR ANNUAL

# PRIDE BINGO

**FRIDAY, JUNE 21ST**

**1:45PM IN THE GJR  
SIGN UP AT THE FRONT DESK**





# BLC SIGN EXCHANGE

**Show your creativity!!**

**Help create PRIDE signs for young people aged  
2-5 years old!**

**June 11th- June 13th**

**ART STUDIO**

**11am-3pm**



1

## MASKS



If you are going to wear a mask please wear your mask properly over the mouth and nose.

Face coverings (masks) are encouraged. Protect yourself from cold & flu and covid viruses.



CORRECT



WRONG

2

## HAND WASHING



We encourage washing your hands with soap and water.



# **TESTING (BY APPOINTMENT )**

**MON-FRI 9:30AM-3:30 PM**



- **Hepatitis C**
- **HIV**
- **Chlamydia**
- **Gonorrhea**
- **Syphilis**

*\*\*Gift cards offered for getting tested\*\**

## **Available Drop In Supplies**

- Hygiene Kits
  - Injection Kits
  - Crack & Meth Pipes
  - Safer Sex Kits
  - Wound Care Kits
  - Fentanyl Testing Strips
  - Sniffing Kits
  - Narcan
- & More

**Mobile Prevention Team**  
**Call or Text**  
**617-519-6355**

## **Food insecure?**

The Boston Living Center provides a delicious and nutritious lunch Monday through Friday.

## **INTERESTED IN BECOMING A MEMBER?**

Please contact our front desk staff at 617-236-1012 ext. 0 to schedule an intake appointment.

## **The Boston Living Center (Member Hours)**

**Monday 7:30am - 6:30pm**

**Tuesday - Friday 7:30am - 4:30pm**

**Continental Breakfast is served 7:30am to 10:30am**

**Mon., Tues., Thurs. & Fri.**

**‘Sunny Side Up’ (Hot Breakfast) on Wednesdays**

**7:30am to 10:30am**

**Lunch is served 12 noon to 1:30pm Monday through Friday**

**Dinner is served ONLY Mondays 5pm –6pm**

**29 Stanhope Street**

**Boston, MA 02116**

**<http://www.vpi.org/blc>**

**(617) 236-1012 ext. 0**

**(617) 236-0334 fax**